



MERNDA PARK

TERM 1 AND 4

Sandwiches/ Wraps/ Roll White or Wholemeal Bread and rolls

Base price of \$2.00 then add extras below. All can be toasted at no extra charge.

◆ Meats

Ham, Chicken, Tuna, Salami. \$1.50

★ Dairy & Egg

Cheese, feta, egg, cream cheese. \$1.00

★ Salad

lettuce, carrot, beetroot, tomato, cucumber. \$1.00

◆ Spreads

Vegemite, Jam, mayonnaise, mustard, tomato sauce, tzatziki. 40c

Hot Food

★ Macaroni and Cheeses

Homemade Macaroni and Cheese contains dairy and gluten.

\$5.50

Gluten-free Pasta \$6.00

★ Spaghetti Bolognese

Homemade Bolognese \$5.50

Gluten-free Pasta \$6.00

★ Penne Napoli

Homemade Napoli sauce with penne pasta. \$5.50

Gluten-free Pasta \$6.00

Sweet Chili Wraps

With chicken strip, lettuce & mayo \$4.50

★ Fried Rice

homemade fried rice with vegetables \$5.50

★ Burgers

Beef, Chicken or Veggie

Pattie served with tomato or mayo, lettuce and cheese

\$5.50

★ Sausage Roll

sausage roll filled with healthy vegetables and beef

\$4.50

◆ Good Eating Meat Pie

Beef Pie Good Eating. \$5.00

Gluten-free Beef Pie \$5.50

◆ Pizza Slice

Margarita, Hawaiian, Supreme \$4.50

★ Snacks

◆ Party Pie

Mrs. Macs good eating party pie \$1.50

★ Corn on the Cob

Steamed baby corn cob. \$ 1.50

◆ Dim Sim

Steamed \$ 1.50

◆ Chicken nuggets

Oven Baked Chicken Breast

3 for \$3.50

6 for \$5.50

◆ Hot Dog \$4.50

Skinless Sausage in a roll.

With cheese \$5.00

Halal hot dog \$5.00

With cheese \$5.50

★ Spinach and Ricotta Filo

Small filo parcel filled with spinach and ricotta. \$1.50

Tastebuds

Snacks

♣ Popcorn \$2.00

J J Snacks \$2.00

Rock Deli Chips \$2.00

♣ Fresh Baked Muffin

Freshly baked muffin flavors change daily. \$2.50

◇ Fresh Baked Cookie

Fresh baked cookie. \$ 1.50

♣ Fresh Fruit

Fresh seasonal fruit. \$ 1.00

♣ Rice Crackers

With Dip and Veggie Sticks \$2.00

♣ Fruit Salad

Seasonal fresh fruit \$5.00

Drinks

♣ Flavored Milk

Chocolate or Strawberry reduced fat \$ 2.50

♣ Water

Bottled water 600ml \$2.50

◇ Juice

100% fruit Juice Orange, Apple,
Apple & blackcurrant \$2.50

Frozen Bits

these items need to be picked up at the canteen counter at lunch

♣ Frozen yogurt

Yogurt with fruit coulis \$2.50

♣ Frozen Pineapple rings 50c

◇ Icy Twist \$2.00

◇ Mini Calippo \$2.00

◇ Zooper Doopers \$1.00

*All orders are to be in a brown bag.
if a bag is required please pay 10c*

*Please put your child's name and
room number on the bag*

♣ Green ◇ Amber

**Did you know you can order online?
Please ask one of our friendly canteen staff for more information.**