



# MERENDA PARK SUMMER MENU TERM 2 AND 3

## *Sandwiches/ Wraps/ Roll White or Wholemeal Bread and rolls*

Base price of \$2.00 then add extras below. All can be toasted at no extra charge.

### ◆ Meats

Ham, Chicken, Tuna, Salami. \$1.00

### ★ Dairy & Egg

Cheese, feta, egg, cream cheese. \$1.00

### ★ Salad

lettuce, carrot, beetroot, tomato, cucumber. 50c

### ◆ Spreads

Vegemite, Jam, mayonnaise, mustard, tomato sauce, tzatziki. 30c

## *Hot Food*

### ★ Macaroni and Cheeses

Homemade Macaroni and Cheese contains dairy and gluten.

\$4.50

Gluten-free Pasta \$5.00

### ★ Spaghetti Bolognese

Homemade Bolognese \$4.50

Gluten-free Pasta \$5.00

### ★ Penne Napoli

Homemade Napoli sauce with penne pasta. \$4.50

Gluten-free Pasta \$5.00

### Sweet Chili Wraps

With chicken strip, lettuce & mayo \$4.00

### ★ Fried Rice

homemade fried rice with vegetables \$4.50

### ★ Burgers

#### Beef, Chicken, Veggie, & Fish

Pattie served with lettuce cheese tomato sauce or mayo  
\$5.00

### ★ Sausage Roll

sausage roll filled with healthy vegetables and beef  
\$4.00

### ◆ Good Eating Meat Pie

Beef Pie Good Eating. \$4.00

### ◆ Pizza Slice

Margarita, Hawaiian, Supreme \$4.00

## ★ Snacks

### ◆ Party Pie

good eating party pie \$1.50

### ★ Corn on the Cob

Steamed baby corn cob. \$ 1.00

### ◆ Dim Sim

Steamed \$ 1.00

### ◆ Chicken nuggets

Oven Baked Chicken Breast

3 for \$3.00

6 for \$5.00

### ◆ Hot Dog \$4.00

Skinless Sausage in a roll.

With cheese \$4.50

### Halal hot dog \$4.50

With cheese \$5.00

### ★ Spinach and Ricotta Filo

Small filo parcel filled with spinach and ricotta. \$1.50

# Tastebuds

## Snacks

### ★ Popcorn

Fresh popped popcorn. \$1.50

### ★ Fresh Baked Muffin

Freshly baked muffin flavors change daily. \$2.00

### ◆ Fresh Baked Cookie

Fresh baked cookie. \$ 1.50

### ★ Fresh Fruit

Fresh seasonal fruit. \$ 1.00

### ★ Rice Crackers

Dip and Veggie Sticks \$2.00

### ★ Fruit Salad

Seasonal fresh fruit \$4.00

## Drinks

### ★ Flavored Milk

Chocolate or Strawberry reduced fat \$ 2.50

### ★ Water

Bottled water 600ml \$2.50

### ◆ Juice

100% fruit Juice Orange, Apple,  
Apple & blackcurrant \$2.50

## Frozen Bits

*these items need to be picked up at the canteen counter at lunch*

### ★ Frozen yogurt

Yogurt with fruit coulis \$2.00

### ★ Frozen Pineapple rings 50c

### ◆ Icy Twist \$1.50

### ◆ Mini Calippo \$1.50

### ◆ Zooper Doopers \$1.00

### ◆ Rockets \$1.00

*All orders are to be in a brown bag.  
if a bag is required, please pay 10c*

*Please put your child's name and  
room number on the bag*

★ Green    ◆ Amber

**Did you know you can order online?  
Please ask one of our friendly canteen staff for more information.**