



# Mernda Park PRIMARY SCHOOL

## 2018 Canteen Menu

### Sandwiches / Rolls (White or Wholemeal) and Wraps

Base price of \$2.00. Extras as per below. All can be toasted at no extra charge.

- \* **Dairy & Egg**  
Cheese, Feta, Egg, Cream cheese. 50c
- \* **Salad**  
Lettuce, Carrot, Beetroot, Tomato, Cucumber. 50c
- \* **Roast Vegetables**  
Capsicum, Eggplant, Zucchini, Pumpkin. 75c
- ◆ **Meats**  
Ham, Chicken, Tuna, Salami \$1.00
- ◆ **Spreads**  
Vegemite, Jam, Mayonnaise, Mustard, Tomato, Sauce, Tzatziki

### Hot Food

- \* **Macaroni and Cheeses**  
Homemade Macaroni and Cheese. Contains dairy and gluten  
\$4.00 Add salad for \$2.00
- \* **Beef Lasagna**  
Homemade Beef Lasagna. Contains dairy and gluten.  
\$4.00 Add salad for \$2.00
- \* **Spaghetti Bolognaise**  
Homemade Bolognaise.  
\$4.00
- \* **Penne Napoli**  
Homemade Napoli Sauce with Penne Pasta  
\$4.00
- \* **Vegetable Pastie**  
Herbert Adams vegetable pastie  
\$3.50
- \* **Sweet Chilli Chicken Wrap**  
Chicken Strip with lettuce & mayo served in a wrap  
\$4.00
- \* **Burgers—Beef, Chicken or Veggie**  
Pattie served with Tomato, Lettuce and cheese  
\$4.50
- \* **Sausage Roll**  
Homemade sausage roll filled with healthy vegetables and beef  
\$3.00
- \* **Fried Rice**  
Homemade fried rice with vegetables  
\$4.00
- ◆ **Good Eating Meat Pie**  
Four n Twenty  
\$3.50
- ◆ **Pizza Slice**  
Margarita, Hawaiian, Supreme  
\$3.00

### Hot Snacks

- \* **Corn on the Cob**  
Steamed baby corn cob.  
\$1.00
- \* **Spinach and Ricotta Filo**  
Small Filo parcel filled with spinach and ricotta  
\$1.00
- ◆ **Party Pie**  
Mrs. Mac's good eating party pie  
\$1.00
- ◆ **Dim Sim**  
Steamed  
\$1.00
- ◆ **Dinosnack**  
Oven baked chicken breast  
\$1.00
- ◆ **Hot Dog**  
Skinless sausage in a roll  
\$3.50

# Tastebuds

## Snacks

- \* **Popcorn**  
*Fresh popped popcorn*  
\$1.00
- \* **Fresh baked Muffin**  
*Freshly baked muffin. Flavours change daily. Muffins contain fruit and wholemeal flour*  
\$2.00
- \* **Fresh Fruit**  
*Fresh Seasonal Fruit*  
\$1.00
- \* **Rice crackers, Dip and Veggie Sticks**  
\$2.00
- \* **Fruit Salad**  
*Seasonal Fresh Fruit*  
\$3.50
- ◆ **JJ's Chips**  
*Chicken, Pizza and Salt & Vinegar*
- ◆ **Fresh Baked Cookie**  
*Fresh baked Cookie*  
\$1.00

## Frozen Bites

- \* **Frozen Yogurt with Fruit Coulis**  
*Yogurt with fruit coulis*  
\$2.00
- \* **Frozen Pineapple Rings**  
50c
- Calipo**  
*Raspberry/Pineapple*  
\$1.50
- Icy Twist**  
*Lemonade*  
\$1.50
- Paddle Pop**  
*Chocolate or Rainbow*  
\$1.50
- Zooper Dooper**  
*Various flavours*  
\$1.00
- Rockets**  
*Various flavours*  
\$1.50

## Drinks

- \* **Big M Flavoured Milk**  
*Chocolate or Strawberry reduced fat*  
\$2.00
- \* **Water**  
*Bottled Water 600ml*  
\$2.00
- ◆ **Juice**  
*100% fruit Juice Orange, Apple and Apple & Blackcurrant*  
\$2.00

\* Green ◆ Amber

*Did you know you can order online?  
Please ask one of our friendly canteen staff for more information.*