

RECIPE

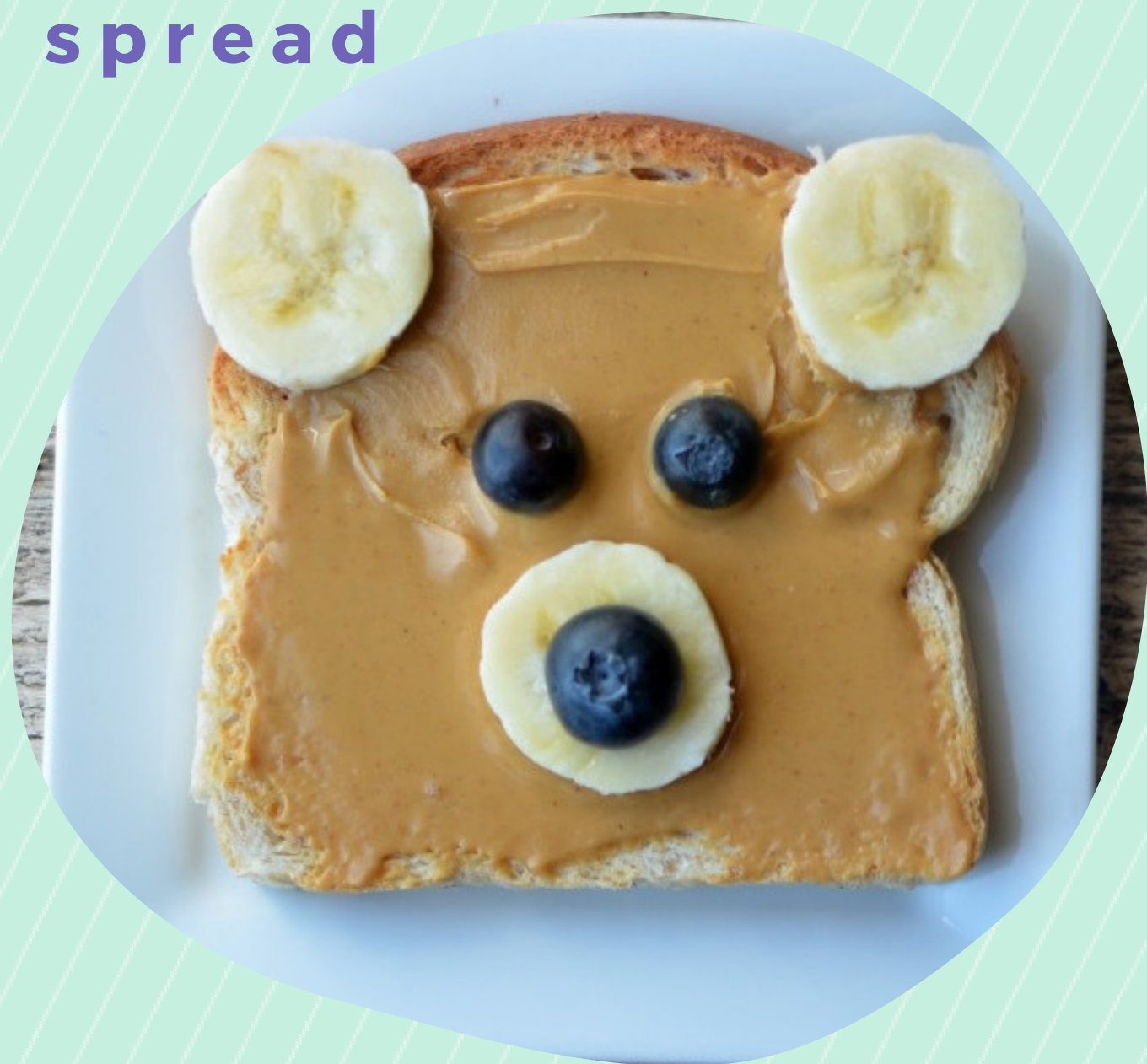
BEAR TOAST

INGREDIENTS

- 1 slice of bread (or rice cake)
- Chocolate or nut spread
- 3 banana slices
- 3 blueberries (or saltanas)

EQUIPMENT

- Toaster
- Plate
- Knife



METHOD

1. Lightly toast the slice of bread.
2. Once cooled slightly, spread on the chocolate spread.
3. Carefully place the banana onto the chocolate spread. Use 1 slice of banana for a nose and 2 slices of banana as the ears of the bear.
4. Put a small amount of chocolate spread onto a blueberry and place the blueberry in the middle of the slice of banana that is the bear's nose. Place the 2 remaining blueberries between the ears and nose to make eyes.

Substitute ingredients to suit allergies and dietary requirements